



Mediterraneo Catering

Delivery tapas and sharing plates

Most items are available to order gluten and/or dairy free.

Items to be served hot are delivered in oven ready trays with reheating instructions.

The basics: Portions are for 2 people to share

Artisan breads, crackers, balsamic dipping oil, butter	€7,00
Glutenfree breads, crackers, balsamic dipping oil, butter	€9,00
Vegetable sticks	€5,00
Citrus marinated olives with garlic and herbs	€3,50
Algarvian confit carrots	€3,50
Ewe's cheese with quince paste	€6,00
Presunto and melon	€8,00

Dips: all €5, Portions are for 2 people to share

- Preserved lemon and coriander hummus
- Roast red pepper hummus
- Tzatziki
- Guacamole
- Roast red pepper salsa
- Mango and sweet chili salsa
- Black bean dip with cumin and garlic
- Creamy blue cheese and spring onion
- Roast red pepper, feta and mint

Patés: all €6, Portions are for 2 people to share

- Duck and port wine pate
- Black olive tapenade
- Wild mushroom and white port paté
- Sardine paté
- Tuna paté
- Smoked salmon and dill paté
- Fava bean and mint paté

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Vegetarian: Portions are for 2 people to share

Batatas bravas with aioli	€8,00
Spanish tortilla	€10,00
Tomato carpaccio with buffalo mozzarella	€10,00
Roast pumpkin and quinoa falafel with tahini dressing	€12,00
Nut and vegetable croquettes with a spicy tomato sauce	€12,00
Grilled seitan skewers with teriyaki drizzle and toasted sesame	€12,00
Red peppers stuffed with risotto rice, sundried tomato and parmesan	€12,00
Portobello mushrooms stuffed with garlic butter and parmesan	€10,00
Arancini rice balls stuffed with mozzarella and chili jam	€10,00
Courgette and mint fritters with tzatziki	€10,00
Spanakopita filo parcels	€12,00
Goats cheese, caramelised red onion, honey and thyme tarts	€10,00
Roast beetroot, goats cheese and toasted hazelnuts on baby leaf	€10,00
Peperonata with toasted pine nuts	€10,00
Italian grilled vegetables with balsamic, pinenuts and fresh basil	€10,00
Moroccan grilled vegetables with spiced honey and citrus dressing	€10,00

Fish and seafood: Portions are for 2 people to share

Salt cod fritters with aioli	€5,00
Portuguese style octopus salad	€12,00
Individual smoked salmon, asparagus and watercress terrines	€12,00
Seabass ceviche with lime dressing	€15,00
Chargrilled squid with red pepper and lemon dressing	€15,00
Chilled peeled tiger prawns with a trio of dips	€20,00
Mussels on the half shell stuffed with garlic and parmesan	€15,00
Salmon and chervil fishcakes with remoulade sauce	€12,00
Salmon carpaccio with capers and dill	€12,00
Seared peppered tuna salad with rocket pesto	€15,00
Salmon, lemon and herb cream tarts	€10,00

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Meat: Portions are for 2 people to share

Arancini rice balls stuffed with mozzarella and ham	€10,00
Spicy chicken wings with blue cheese dip	€10,00
Honey and soy chicken wings	€10,00
Filo parcels with chicken, spinach and almond	€12,00
Chicken skewers with teriyaki drizzle	€10,00
Chicken skewers with satay sauce	€10,00
Thai spiced chicken balls with sweet chilli and lime dip	€10,00
Italian style meatballs with tomato and red pepper sauce (H)	€10,00
Beef samosas with mango chutney and raita	€10,00
Grilled beef salad with rocket, parmesan and pesto dressing	€16,00
Grilled thai beef salad with coriander, ginger and lime dressing	€16,00
Moroccan spiced lamb kofta with garlic yoghurt and mint dip (H)	€12,00
Shredded duck salad with mango and a citrus dressing	€16,00

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