



Mediterraneo Catering

Sides

* items can be delivered, the rest require a chef onsite

Potatoes

- * Boiled new potatoes with herb oil dressing H GF DF V+
- * Baked potatoes with sour cream and chive dressing H GF DF V+
- * Loaded potato skins with cheese, bacon, sour cream and spring onions GF
- * Potato gratin H GF
- * Saute potatoes H GF DF V+
- * Herby new potato salad H GF DF V+
- * Roast potatoes (or sweet potatoes) with rosemary and garlic H GF DF V+
- Potato rosti H GF DF
- Spicy potato and sweet potato wedges H GF DF V+

Rice, grains and pasta

- * Boiled rice - white, brown or basmati H GF DF V+
- * Wild rice H GF DF V+
- * Spiced rice salad H GF DF V+
- * Brown rice and roasted vegetable salad H GF DF V+
- * Fruity rice salad H GF DF V+
- * Wild rice salad with spinach, asparagus and slow roasted tomatoes H GF DF V+
- Fried rice H GF DF V+
- Tomato rice H GF DF V+
- Rice with spring greens H GF DF V+
- * Couscous H DF V+
- * Apricot and almond couscous H DF V+
- * Steamed quinoa H GF DF V+
- * Quinoa salad H GF DF V+
- * Buckwheat pilaf H DF V+
- * Tabbouleh H DF V+
- * Handmade pasta ribbons H GF DF
- * Pasta salad with parmesan, slow roasted tomatoes and basil oil dressing H GF DF
- * Creamy pasta salad with cheddar and peppers H GF

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Salads

- * Portuguese mixed salad - lemon and oregano dressing H GF DF V+
- * Tomato and onion salad with olives and oregano H GF DF V+
- * Baby leaf, cherry tomato and red onion salad with balsamic dressing H GF DF V+
- * Rocket, roasted tomato and parmesan salad with balsamic dressing H GF DF V+
- * Classic Caesar salad with croutons and creamy garlic dressing H GF DF V+
- * Traditional coleslaw H GF DF V+
- * Red cabbage, apple and mint coleslaw H GF DF V+
- * Baby spinach, pear and walnut salad with honey-wholegrain mustard H GF DF V+
- * Radish, orange and watercress salad with pomegranate dressing H GF DF V+
- * Watercress, roast beetroot and goats cheese salad H GF
- * Endive, blue cheese and caramelized walnut salad H GF
- * Thai spiced papaya salad H GF DF V+
- * Asian spiced salad with chili and lime dressing H GF DF V+
- * Peperonata salad with toasted pinenuts H GF DF V+
- * Marinaded grilled mediterranean vegetables with balsamic dressing H GF DF V+
- * Baby broad bean, feta and mint salad H GF
- * Greek salad H GF

Vegetables

- * Steamed seasonal vegetable selection with herb oil or herb butter H GF DF V+
- * Honey glazed carrots with lemon and thyme H GF DF V+
- * Oven roasted vegetable ratatouille H GF DF V+
- * Broccolletti with caper butter H GF DF
- * Roast butternut squash with Moroccan spices H GF DF V+
- * Braised red cabbage with apple and juniper H GF DF V+
- * Braised fennel with garlic, white wine and basil H GF DF V+
- Grilled asparagus with lemon butter H GF DF V+
- Oriental stir-fried vegetables H GF DF V+
- Wilted greens with chili oil H GF DF V+

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