



Mediterraneo Catering

Barbeque

Meat

Grilled basil oil marinaded sirloin, rib eye or fillet steak **H GF DF**

Grilled sirloin, rib eye or fillet steak with salsa verde **H GF DF**

Grilled fillet, sirloin or rib eye steak - various sauces **H GF DF**

Picanha brasileira (grilled sirloin with tropical fruit and black bean rice) **H GF DF**

Grilled 'Boerwurst' (pure beef south African sausage coil) **DF**

Beefburgers - 100% charolais beef and seasonings **H GF DF**

Beef teriyaki skewers **H GF DF**

Grilled butterflied leg of lamb, marinaded in rosemary, red wine and garlic **H GF DF**

Grilled moroccan spiced lamb skewers **H GF DF**

Grilled greek souvlakia lamb skewers **H GF DF**

Grilled lamb chops with spiced pear salsa **H GF DF**

Grilled spiced lamb and apricot burgers **H GF DF**

Lamb kofta with spiced tomato and herb sauce **H GF DF**

Grilled alentejano black pig secretos (rib flap strips) **GF DF**

Grilled sticky rack of ribs **GF DF**

Grilled pork, apple and leek burgers **GF DF**

Grilled local sausage selection - chorizo, black pudding, pork and herb **DF**

Middle eastern quail with pomegranate molasses **H GF DF**

Grilled quail piri-iri **H GF DF**

Grilled chicken and chorizo skewers with red pepper and garlic marinade **DF**

Grilled chicken and pineapple skewers with coconut and thai red curry **H GF DF**

Grilled chicken piri-iri **H GF DF**

Grilled chicken tikka skewers with a spiced mango sauce **H GF DF**

Grilled chicken satay skewers with spicy satay sauce **H GF DF**

Grilled Jamaican jerk chicken with pineapple salsa **H GF DF**

Grilled thai spiced chicken burgers **H GF DF**

Grilled presunto wrapped chicken breast, stuffed with herb cheese **GF**

917 223 334

medcateringportugal@gmail.com



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Fish

Grilled tandoori tiger prawn skewers with curry-mango sauce **H GF DF**

Seared pepper tuna steaks with salsa verde **H GF DF**

Grilled whole fish - sardines, seabass, seabream, stonebass **H GF DF**

Grilled prawn and fish skewers with herb oil marinade **H GF DF**

Seabream and prawn parcels with lemon and herb oil **H GF DF**

Grilled salmon fillet teriyaki with a soy and ginger glaze **H GF DF**

Grilled moroccan spiced swordfish steak **H GF DF**

Vegetarian

Grilled spicy black bean burger **H GF DF V+**

Grilled quinoa, pumpkin and sweet potato burger **H GF DF V+**

Grilled balsamic marinated Portobello burger **H GF DF**

Grilled Jamaican jerk tofu burgers **H GF DF V+**

Grilled Asian marinated tofu and vegetables skewers with satay sauce **H GF DF V+**

Grilled stuffed peppers **H GF DF V+**

Sauces - all homemade **H GF DF V+**

Spicy piri-piri

Tangy barbeque sauce

Salsa verde

Roasted garlic sauce

Peanut satay sauce

Sweet chili and lime sauce

Mild curry and coconut sauce

Peppercorn sauce

Chilli jam

Chutney selection

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