



# *Mediterraneo Catering*

## Delivery Meals

Meals can be delivered to your villa before you arrive or during your stay. Most items can be frozen, and are also available gluten and/or dairy free. Also please check out the delivery canape, tapas, platters and baking lists for more ideas.

### Soups.....all €2,50 per portion

Thai spiced pumpkin, coconut and lime  
Morrocan spiced carrot and coriander  
Chickpea and chorizo  
Caldo verde (portugese kale and potato)  
Tomato and fresh basil  
French onion

### Pasta sauces.....per portion

Tomato and fresh basil	€2,50
Bolognese	€4,00
Roast vegetable ratatouille	€4,00
Creamy mushroom, bacon and garlic	€4,00

### Vegetarian.....all €7,50 per portion

Veggy lasagne with roasted vegetables and spinach  
Veggy lentil pie with sweet potato mash  
Veggy chili  
Nut roast with roasted red pepper and tomato sauce  
Pumpkin, sweet potato, spinach and black eyed bean curry  
Roasted vegetable tagine with preserved lemons and chickpeas  
Baked stuffed aubergine topped with cheese and greek yoghurt

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## Fish.....per portion

Fish pie with hake, prawns and broccoli, topped with mashed potato	€8,50
Salmon Fishcakes with remoulade sauce	€8,50
Hake steaks baked with cherry tomatoes, white wine and garlic	€9,00
Squid Mediterraneo with tomato, garlic, red wine, olives and herbs	€8,50
Baked salmon steaks with fennel and a creamy dill sauce	€9,00
Seafood lasagne	€9,00
Morroccan swordfish	€9,00
Octopus feijoada (with catarina beans and local sausages)	€10,00

## Beef.....per portion

Beef lasagne	€8,50
Cottage pie	€8,50
Meatballs in tomato sauce	€8,50
Beef and red wine casserole with shallots, rosemary and garlic	€9,00
Beef tagine with morrocan spices and prunes	€9,00
Individual steak and ale pie	€5,00

## Pork.....per portion

Slow braised bbq spare ribs	€8,50
Pork chops baked with apples, garlic, white wine and creme fraiche	€8,50
Roast belly pork with plums, soy and star anise and ginger	€9,00
Pork tenderloin in cream, honey and wholegrain mustard sauce	€9,00
Pork tenderloin with sundried tomato, red wine, garlic and olives	€9,00
Pork feijoada (with catarina beans and local sausages)	€9,00

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## Chicken.....per portion

Chicken Parmigiana (breaded chicken breast baked with tomato and basil sauce and mozzarella topped with fresh parmesan)	€8,50
Chicken tagine with saffron, herbs and apricots	€8,50
Chicken Cacciatore (red wine, thyme, tomato mushrooms, shallots)	€9,00
Chicken breast with cream, garlic and mushrooms	€8,50
Chicken Bonne Femme (bacon, shallots, mushrooms and cream)	€8,50
Chicken and chorizo lasagne	€8,50
Individual chicken, bacon and leek pie	€5,00

## Lamb, Rabbit and Duck.....per portion

Leg of Lamb steaks slow baked with red wine, garlic and rosemary	€10,00
Lamb kofta with spiced tomato and herb sauce	€10,00
Lamb shanks braised in white wine and garlic	€10,00
Moroccan spiced lamb tagine with apricots, saffron and herbs	€10,00
Rabbit baked with red wine, shallots, mushrooms and thyme	€10,00
Rabbit baked with sage, garlic, white wine and cream	€10,00
Slow roasted duck with 5 spice, soy and honey	€12,00

Quiche ..... Large 8/10 portion – €20,00 Individual - €4,00 each

Choose from -

Quiche lorraine (bacon, onion and cheese)  
Roasted vegetable and mozzarella  
Caramelized red onion, goats cheese and thyme  
Spinach and feta  
Broccoli and blue cheese  
Smoked salmon, lemon and dill  
Wild mushroom, ewes cheese and thyme

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Sides.....€1,50 per portion

Mixed salad

Steamed vegetables – any combination of carrots, green beans, broccoli

Rice/pasta/couscous/boiled new potatoes

Vegetable and salad sides.....€3,00 per portion

Caesar salad

Tabbouleh

Greek salad

Quinoa, roasted vegetable and rocket salad

Spinach, pear and blue cheese salad with honey and mustard dressing

Rocket, cherry tomato, red onion and parmesan salad with balsamic dressing

Gratin potatoes

Roasted vegetable ratatouille

Desserts.....per portion

Fresh tropical fruit salad	€3,50
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Pavlova with fresh fruit and greek yoghurt	€4,00
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Chocolate pavlova with butterscotch sauce	€4,50
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Peaches baked with almonds and marscapone	€4,50
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Chocolate parfait mousse	€4,50
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White chocolate and raspberry trifle	€5,00
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Cheesecake – passionfruit, chocolate, forest fruit, lemon (12 portion)	€20,00
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Blackberry and apple frangipane tarte (12 portions)	€20,00
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French lemon tarte (12 portions)	€20,00
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Carrot cake (12 portions)	€20,00
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Portuguese tarte de natas (12 portions)	€20,00
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