



Mediterraneo Catering

Delivery Tapas and Sharing Plates

Tapas and sharing plates can be served as a starter, a between meal snack or as the whole meal. Items to be served hot are delivered in oven ready trays with reheating instructions. Most items are available to order gluten and/or dairy free. Prices are intended for a plate to share between 4 people.

- V - vegetarian
V+ - vegan or vegan adaptable
H - to be served hot or warm

Selection of breads, crackers, tortilla chips and vegetable sticks (V+)	€12,00
Olives - Marinaded with garlic and herbs (V+)	€3,50
Marinaded with chili and preserved lemon (V+)	€3,50
Dips - Hummus (V+)	€5,00
Roasted red pepper hummus (V+)	€5,50
Olive, lemon and coriander hummus (V+)	€5,00
Tzatziki (V)	€4,00
Mexican salsa (V+)	€4,00
Guacamole (V+)	€5,00
Black bean dip with cumin and garlic (V+)	€5,00
Roasted red pepper, feta cheese and mint (V+)	€5,00
Blue cheese and spring onion (V)	€4,50
Mango and sweet chili salsa (V+)	€5,00
Sundried tomato, olive and cannelli bean (V+)	€5,00
Pates - Wild mushroom, marsala and herbs (V+)	€6,50
Chicken liver, fig and port wine	€7,50
Chicken liver parfait	€6,50
Sardine	€5,00
Tuna	€5,00
Black olive tapenade (V+)	€5,00
Moroccan spiced root vegetable (V+)	€5,00
Smoked salmon and dill	€7,50

917 223 334

medcateringportugal@gmail.com



Mediterraneo Catering

Meat

Arancini rice balls stuffed with mozzarella and ham (H)	€8,00
Spicy chicken wings with blue cheese dip (H)	€10,00
Chicken drumettes marinated in soy and honey with sweet chili dip (H)	€10,00
Grilled beef with rocket, parmesan and pesto dressing	€12,00
Grilled beef thai style with coriander, ginger and lime dressing	€12,00
Rare duck breast with watermelon and raspberry vinegarete	€12,00
Beef teriyaki skewers with soy honey and lime dip (H)	€10,00
Chicken skewers with satay sauce (H)	€10,00
Thai spiced chicken and peanut balls with chili and lime dip (H)	€10,00
Chorizo with white beans, red wine and garlic (H)	€8,00
Moroccan spiced lamb kefta with garlic yoghurt and mint dip (H)	€12,00
Italian style meatballs with tomato and red pepper sauce (H)	€10,00
Quail escabeche	€12,00
Coconut chicken with papaya and tamarind	€10,00
Presunto, blue cheese and endive tart	€8,00
Filo parcels with chicken, spinach and almond	€8,00
Pork and fennel puff parcels	€8,00

Fish and seafood

Thai fish cakes with sweet chili and lime dipping sauce (H)	€10,00
Portuguese style octopus salad	€14,00
Salmon and watercress terrine	€12,00
Seabass ceviche with lime and chili	€14,00
Chargrilled squid with red pepper and lemon dressing	€12,00
Chilled peeled tiger prawns with a trio of dips	€16,00
Large mussels stuffed with garlic and parmesan (H)	€12,00
Salmon and chervil fishcakes with tartare sauce (H)	€10,00
Fresh salmon carpaccio with ginger, soy and lime	€12,00
Seared pepper tuna with orange and wasabi dressing	€12,00
Salt cod fritters with aioli	€8,00
Salmon, lemon and herb cream tart	€8,00

917 223 334

medcateringportugal@gmail.com



Mediterraneo Catering

Vegetarian

Broad bean, fennel, feta and mint	€8,00
Roast beetroot and orange dressed with honey and cumin (V+)	€8,00
Roast beetroot, goats cheese and toasted hazelnuts	€8,00
Peperonata with toasted pine nuts (V+)	€10,00
Italian grilled vegetables with balsamic, pinenuts and fresh basil (V+)	€10,00
Moroccan grilled vegetables with spiced honey and citrus dressing (V+)	€10,00
Tabbouleh with fresh herbs and cracked wheat (V+)	€8,00
Spanish tortilla	€8,00
Red peppers stuffed with risotto rice, sundried tomato and parmesan (H)	€10,00
Mushrooms stuffed with garlic butter and parmesan (H)	€8,00
Nut and vegetable croquettes with a spicy tomato sauce (V+) (H)	€10,00
Arancini rice balls stuffed with mozzarella and chili jam (H)	€8,00
Sweetcorn and red pepper fritters with salsa (H)	€8,00
Courgette and mint fritters with tzatziki (H)	€8,00
Spanakopita - spinach and ricotta filo pastry (H)	€10,00
Goats cheese, roasted red onion and thyme tart	€8,00
Spicy vegetable empanadas (V+)	€8,00
Rocket, fig and fresh cheese with honey and lemon dressing	€8,00

917 223 334

medcateringportugal@gmail.com