



Mediterraneo Catering

A la carte Canapes

* items can be delivered, the rest require a chef on site

Canapes - vegetarian

- * Parmesan stars with black olive tapenade **H GF**
- * Tomato, olive and pesto palmiers **H DF V+**
- * Courgette and mint fritters with tzatziki **H GF DF V+**
- * Beetroot and spring onion fritters with dill-yoghurt dip **H GF DF V+**
- * Feta, cherry tomato and basil cocktail sticks **H GF**
- * Roast red pepper, goats cheese and mint wraps **H**
- * Croutes with white beans, garlic and thyme **H GF DF V+**
- * Grilled polenta with wild mushrooms and rocket **H GF DF V+**
- * Sweetcorn fritters with mango salsa **H GF DF V+**
- * Roast vegetable frittata cubes with hummus and olive **H GF DF**
- * Mini pumpkin, spinach and feta muffins with mint crème fraiche **H GF DF**
- * Filo cups with quails eggs and chive mayonnaise **H DF**
- * Croustades with blue cheese, walnut and pear **H GF**
- * Mini spiced vegetable empanadas **H DF V+**
- * Mini chestnut, cranberry, leek and thyme sausage rolls **H DF V+**
- * Mini tartes and quiches - various flavours **H GF DF V+**

Canapes - fish and seafood

- * Mini salt cod fritters with aioli **H DF**
- * Buckwheat blinis with smoked salmon, dill and cream cheese **H**
- * Sweetcorn fritters with spicy crab and mango salsa **H GF DF**
- * Mini scones with coriander prawn and sweet chili mousse **H GF**
- * Pumpernickel croutes with gravadlax and dill-mustard sauce **H DF**
- * Croustades with octopus salad **H GF DF**
- * Croustades with prawn cocktail and rocket **H GF DF**
- * Filo cups with poached salmon, dill and lemon cream **H DF**
- * Cucumber cups with tuna and tarragon mayonnaise **H GF DF**
- * Tandoori rubbed tiger prawn with mango cream **H GF DF**

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- * Sushi rolls - various **H GF DF**
- * Seabass ceviche cocktail sticks **H GF DF**
- * Seared tuna cubes with watercress mousse **H GF DF**
- * Cherry tomatoes filled with salmon and dill mousse **H GF DF**
- * Mini thai fish cakes with sweet chili and lime dipping sauce **H GF DF**
- * Mini salmon fishcakes with tartare dip **H GF DF**
- * Mini tartes and quiches - various flavours **H GF DF**

Canapes - meat

- * Croutes with roast beef, Dijon mustard and gherkin **H GF DF**
- * Croutes with chicken liver parfait and red onion chutney **GF DF**
- * Scotch quails egg **GF DF**
- * Melon and presunto cocktail sticks **GF DF**
- * Chorizo with ewes milk cheese and olive cocktail sticks **GF**
- * Ham, wholegrain mustard and watercress wraps **DF**
- * Beef, red pesto and rocket wraps **H DF**
- * Mini scones with bacon and egg mayonnaise **GF DF**
- * Grilled asparagus and presunto rolls **GF DF**
- * Mini Cumberland sausage rolls **DF**
- * Mini thai chicken rolls **H DF**
- * Fig, gorgonzola and presunto cocktail sticks **GF**
- * Mini spiced beef Jamaican patties **H DF**
- * Filo cups with chicken tikka and mango **H DF**
- * Croustades with spicy chicken and guacamole **H GF DF**
- * Croustades with roast beef, cherry tomato and roast garlic mayonnaise **H GF DF**
- * Mini spiced beef samosas with mint-yoghurt dip **H DF**
- * Lamb kofta with tzatziki dip **H GF DF**
- * Soy and ginger marinated chicken drummettes **H GF DF**
- * Mini tartes and quiches - various flavours **H GF DF**

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